

Step #2: Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i>			
1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal	yes	nutrition education offered at all levels (elem, middle, and high school)	Elem - Science and CKLA curriculum maps. Middle School and High School - health course. High School - FCS
2. Physical Activity Goal(s)- record goal	yes	Our Health and PE teachers follow state standards and plan instruction and assessment accordingly.	Nebraska State Standards
3. Other student wellness Goal(s)- record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i>	yes	SEL curriculum is implemented in K-12. We use SEL Screeners at all levels. Staff are invited to participate in EHA Wellness activities. Ralston partners with Arbor Family and One World Health for students and staff.	OneWorld Mobile Health Center (ralstonschools.org)
Additional Goal(s) Add more rows as needed			

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